



Come and see what Synchronized Swimming is all about!

Synchronized swimming is a sport which builds the stamina of a middle-distance swimmer, the grace of a ballet dancer, the flexibility of a gymnast and the strength of a water polo player.

The Bozeman Stingrays is a local club of swimmers who meet 2 – 4 times per week at the Swim Center after school for practice. The only requirements are the ability to swim the width of the pool and be a minimum of 6 years old. Beginner through advanced swimmers learn basic swim strokes, synchronized swimming skills, routine choreography and execution, music appreciation, the value of good exercise and good health and commitment to a team.

Feel free to come by the swim center Monday through Thursday 4:00 – 5:30 to watch, practice with the team, or ask any questions. The swim season runs October – May, but we encourage anyone to join at anytime! Novice swimmers meet twice a week and the fee is \$50/month, Intermediate three times a week and \$70/month, Age Group 4 times and \$100/month. If you have questions, please call Sue at 539-1047 days or evening.

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